



Mendocino College  
Cooperative Work Experience Education

**STUDENT SELF-EVALUATION**

*Complete one self-evaluation for each Learning Objective*

Name \_\_\_\_\_ Objective #: \_\_\_\_\_ of (total # of LOs): \_\_\_\_\_

Student ID \_\_\_\_\_ Semester \_\_\_\_\_ Date \_\_\_\_\_

*Answer the following questions using complete thoughts and complete sentences, as you would an essay*

**WHAT DID YOU ACTUALLY ACCOMPLISH?** (“I completed...”; “I improved...” etc.) If what you accomplished differed from what you intended (as identified in your learning objective), explain how and why.

**WHAT SPECIFIC LEARNING PROCESS DID YOU FOLLOW TO COMPLETE THIS OBJECTIVE?** (“I read”; “I practiced”; “I interviewed”; “I observed”; etc.) Include all your learning activities. If the learning process differed from what you intended (as identified in your learning objective), explain how and why.

**WHAT WAS THE MOST SIGNIFICANT IMPROVEMENT IN YOUR SKILLS OR KNOWLEDGE** that resulted from completing this objective? What did you actually learn?

**WHAT DIFFERENCE DID THE COMPLETION OF THIS OBJECTIVE MAKE** (in how you do your job; your relationship with your supervisor/coworkers; how you feel about yourself; your potential for promotion or new job opportunities, etc.).

Student Signature \_\_\_\_\_

Supervisor Signature \_\_\_\_\_

Faculty Signature \_\_\_\_\_