

Faculty Introductions

PROGRAM DIRECTOR

Sara Bogner, PT, DPT

Sara Bogner has been a physical therapist in Ukiah and other Northern California areas for over 20 years. She graduated from University of Oregon with a Bachelor of Science in Exercise and Movement Science and then attended PT school at Regis University in Denver, CO. She has worked with a wide variety of patients in almost every PT setting out there. She began teaching Anatomy at Mendocino College in 2016 and has been instrumental in the development of the Physical Therapist Assistant Program. Sara loves the energy and enthusiasm of students and is excited to be able to help them reach their educational goals. If she's not in her office or classroom, you can probably find her chasing around her three kids or running on the track, streets or hills of Ukiah.



DIRECTOR OF CLINICAL EDUCATION

Joseph Munoz, PT, DPT

Joe Munoz has been a practicing Physical Therapist for nearly 20 years and has lived in the Ukiah area since 2004. He received his Bachelor of Science in Biology from CSU Bakersfield and then received his Doctorate of Physical Therapy from Loma Linda University. Joe is excited about the PTA program and the opportunity to help individuals pursue a career of service to others in a profession that has given him so much. He has primarily worked in the outpatient setting at Adventist Health Ukiah Valley dealing with orthopedic pathologies, post-surgical rehabilitation, sports related injuries, work related injuries and neurological conditions. When not in the clinic, you will find Joe spending time with his family and on the soccer field coaching the youth of Mendocino County.



Accreditation Status

The Physical Therapist Assistant Program at Mendocino College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 3030 Potomac Ave., Suite 100, Alexandria, Virginia 22305-3085; telephone: 703-706-3245; email: accreditation@apta.org; website: <http://www.capteonline.org>. If you need to contact the program/institution directly, please call Aura Whittaker at 707-467-1057 or email PTA@mendocino.edu.



MENDOCINO COLLEGE

Physical Therapist Assistant Program

Dean of Applied Academics

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PHYSICAL THERAPIST ASSISTANT PROGRAM



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at Mendocino College!*



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Mendocino College PTA Program

Mendocino College invites you to explore the PTA program at our campus in Ukiah, CA. The PTA program is a 5-semester program with students earning an Associates of Science degree and eligibility to take the National Physical Therapy Exam for licensure as a PTA upon completion.

Innovative Program Model

Mendocino College and Shasta College work collaboratively to offer Physical Therapist Assistant programs at their respective colleges. These programs have a hybrid nature with only two on-campus days each week for lab coursework. This model benefits our rural populations by allowing theory coursework to be completed through online courses using Canvas.

The hybrid model allows greater access to career education to students in the outlying rural areas who would otherwise have to travel a significant distance. It offers greater flexibility to students who have other commitments in life, such as work and family, helping meet the need of our diverse population in our respective areas.



Physical Therapist Assistant Associates of Science CURRICULUM

PROGRAM PREREQUISITES

Course	Title	Semester Units
HLH 104	Medical Terminology	3
KIN 100	Introduction to Physical Therapy	1
BIO 230	Human Anatomy with Lab	5
BIO 231	Human Physiology with Lab	5
Or		
BIO 202/L	Human Biology and Lab	4
Total		13-14

SEMESTER ONE

Course	Title	Semester Units
PTA 101	Physical Therapy Practice for the PTA	2
PTA 102	Pathology	3
PTA 103	Patient Care Skills Theory	2
PTA 103L	Patient Care Skills Lab	1
PTA 104	Clinical Kinesiology Theory	2
PTA 104L	Clinical Kinesiology Lab	1
ENG 200	Reading and Composition	3
Total		14

SEMESTER TWO

Course	Title	Semester Units
PTA 105	Therapeutic Exercise Theory	2
PTA 105L	Therapeutic Exercise Lab	1
PTA 106	Therapeutic Agents Theory	2
PTA 106L	Therapeutic Agents Lab	1
PTA 118	Clinical Development	3
COM 210	Interpersonal Communications	3
Or		
COM 203	Introduction to Public Speaking	3
PSY 205	Introductory Psychology	
Or		
PSY 210	Life Span Development Psychology	3
Or		
CDV 200	Psychology of Development: Infancy through Adolescence	3
Total		15

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SEMESTER THREE

Course	Title	Semester Units
PTA 107	Orthopedic Management Theory	2
PTA 107L	Orthopedic Management Lab	1
PTA 108	Neurology and Development Theory	2
PTA 108L	Neurology and Development Lab	1
PTA 121	Clinical Practicum 1	6
American Institutions GE course*		3
Math GE course		3
Total		18

SEMESTER FOUR

Course	Title	Semester Units
PTA 109	Neurologic Management Theory	2
PTA 109L	Neurologic Management Lab	1
PTA 110	Advanced Procedures Theory	2
PTA 110L	Advanced Procedures Lab	1
PTA 111	Professional Integration	1
PTA 122	Clinical Practicum 2	6
Humanities GE course*		3
Total		17
PTA Core Classes		46

Total for Associate's Degree 77-78

**Mendocino College graduation requirements also include a Studies in Culture course. This can be fulfilled through specific Humanities and American Institutions courses. It is recommended that a GE course is chosen that will fulfill both requirements. It's recommended that all students meet with a counselor to review graduation requirements.*