



EAGLES SOCCER



The Mendocino College Women's Soccer program finished an amazing 2014 season with a conference record of **10-2** and an overall record of **18-4-1**. Seeded number seven in Northern California, the Eagles hosted the first round play-off game of the CCCAA State Tournament against the 10th seeded team, South Lake Tahoe College. After a hard-fought battle, the Eagles walked away from that game with their 18th win of the season. The Eagles then traveled to 2nd seed Modesto College where they lost a hard fought game in double overtime 1-0 (118th Minute). The 2014 squad set new precedents with many first-time achievements. This season was the first time in Mendocino College Women's Soccer history for a team to record **18 wins**, and they conceded the fewest number of goals in a season (**15**), most shut-outs in a season (**11**), and had the lowest goals against average (**.634**). The Eagles were also able to accomplish the highest end-of-season northern regional ranking of number **7**. The Eagles have been ranked in the **TOP 20 NATIONALLY by the National Soccer Coaches Association of America (NSCAA) the last two seasons! 2014 Eagles earned 17th**. Individual players broke records as well. **Kenzie Rice (Fortuna)** broke the single season record for minutes played in a season with **2063 minutes played** and she broke the **Career mark in minutes played with a total of 3613**. Goal Keeper **Adri Borjon (Willits)** Broke many records this season as well. She recorded **11 shutouts, lowest GAA of .634**, and recorded the **most wins in a season, with 18**. While accomplishing these many team and individual records, the team maintained strong academic standards, as well. The past four years have seen the Team's cumulative GPA's of 3.09, 3.13, 3.23, and 3.40.

2013 & 2014 Players moving on to play collegiate soccer

The 2014 class has seen SIX Sophomores move on to the next level! **Kenzie Rice (Fortuna)** has accepted a significant athletic scholarship to **Dallas Baptist University (NCAA-DII)**, **Maci Feliz (Bakersfield)** has transferred and is playing at **University of Dallas at Tyler Texas (NCAA-DIII)**, **Taylor Wiebke (Nevada)** has transferred to **University of Texas at Dallas (NCAA-DIII)**. Goalkeeper **Adri Borjon (Willits)** has accepted a significant athletic scholarship to play at **William Penn University, IA (NAIA)**. Central midfielder **Phoebe Hendry (Ukiah)** has signed her letter of intent to play at **Western Oregon University (NCAA II)**, and finally, **Adriana Naranjo (New Mexico)** has committed to play at **University of Dallas at Tyler Texas (NCAA-DIII)**. Our 2013 class was very successful as well! We assisted with **Anna Waldman's (Mendocino)** athletic scholarship to **Lyons College** in Batesville, Arkansas. **Anna** broke the single season record for goals scored (21), earned New Comer of the Year, Conference Player of the Year, and All-American honors at Lyons College in her first season (2014). **Ronnie Richter (Mendocino)** signed a Letter of Intent to attend and play at **University of Hawaii-Hilo**, and **Taylor McMillin (Eureka)** plays at **Humboldt State University** where she led the team in goals scored and total points and was named the **Most Valuable Player** for the 2014 season. Our goal is to create an environment in which our young women are CONFIDENT to MAKE A DIFFERENCE and IMPACT their respective teams at the four-year university level!



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TEN reasons to become a Soccer Player at Mendocino College

1. Athletic participation has a positive influence on academic achievement and social status: Research has shown student-athletes have higher graduation rates and have higher grades when compared to non-athlete students. Athletics has also shown to encourage the positive development of leadership skills, self-esteem, and a healthy lifestyle. Please visit the link provided that talks about the four-decade literature review on this topic: <http://www2.uwstout.edu/content/lib/thesis/2002/2002schleyv.pdf>

2. High Level of Coaching: Head Coach **Shane Huff** has eight years of collegiate coaching experience. Coach Huff has coached at the NCAA division I and II collegiate levels. Coach Huff holds a USSF "B", NSCAA Advanced National License, and USYSA National Youth License. His assistant coaches bring a wealth of soccer knowledge. **Joe Munoz** was drafted and played professionally with New York/New Jersey Metro Stars (Redbulls) of Major League Soccer and was NCAA division II National Player of the Year. Assistant coach **Naomi Rhodes** has 7 years collegiate coaching experience and played NCAA Division I soccer at University of Oregon. Our newest team member on the coaching staff is **Larry Schwartz**. Coach Schwartz is our innovative Fitness Coach and he brings a ton of experience. Coach Schwartz competed with the track and field team at Mendocino College and studied Psychology before transferring and competing with the Cross Country team at UC Davis. Coach Schwartz is USA Track and Field Certified (Level II), and he is a certified coach through the Road Runners Club of America. Coach is currently finishing his PhD in Psychology from Grand Canyon University which is complementing his Master's Degree in Sport Psychology from Springfield College.

3. Facilities: Beautiful stadium field that is natural grass. Field dimensions are 70 by 116 yards. Mendocino College has excellent weight and training room facilities. The team also cross trains on the campus's challenging cross-country course!

4. Athletic Gear: The Eagles earn and get to keep their practice gear each season. Practice gear includes multiple training shorts, dri-fit shirts, t-shirts, Jacket/Hooded Sweatshirt, and socks. The Eagles wear custom Adidas uniforms that were designed by the Eagles coaching staff.

5. Low cost alternative to UC, CSU, and private university system. Tuition and fees for in-state California Community Colleges are \$1014 for the year. Significantly less when compared with CSU and UC tuition and fees. CSU tuition and fees cost \$7,025 and the UC costs are \$13,200 per year. See <http://www.californiacolleges.edu/finance/how-much-does-college-cost.asp> for more details. Mendocino College offers a combination of 88 associate degrees and certificate programs, perfect for your general education requirements!



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6. Matriculation: In the coaching staff's fourth season and third Women's sophomore class, 10 players have signed and moved on. We've seen scholarship packages range from \$12,500 to \$28,000 dollars! Our players are speaking to universities as far west as Hawaii to as Far East as Maine!

7. Location: Nestled between the foothills and vineyards just north of Ukiah, Mendocino College is a beautiful campus that is two hours north of San Francisco and one hour west of the Mendocino Coast! The college is five-minutes from Lake Mendocino where there is great water sports, hiking, mountain biking, and sun bathing. Historic Montgomery Woods with claims to the world's tallest tree is just 15 miles west of Mendocino College.

8. Academic Support Available: The women's soccer team works with an academic counselor who provides a two-year academic plan for our players. The NEW student-learning center has many academic supports for tutoring, and the soccer team has weekly supervised tutoring. The 2013 Team GPA was a 3.40!

9. Be apart of a professionally run program: Coach Huff and his assistant coaches strongly believe that the foundation to success is HARD WORK! Mendocino College Women's Soccer program trains year round where they lift weights, play futsal, do small group technical and functional training. The team uses a great coaching software system known as HUDL where the players are able to watch game film that has been broken down from the comfort of their homes. Coaches and players can create highlight films of individual players as well as having the option to email games to four-year university programs! Parents can also watch games from their comfort of their homes as well!

10. Creating life long friendships and memories: The Mendocino College Women's Soccer Program prides itself on creating a "family environment." Our team does team building activities that include; Team dinners, Team fundraising events, Team volunteering, pre-season "Beach Day", Fun road trips, and so on! The life long friendships and memories created will be something that the young ladies will be able to cherish.