

PSYCHOLOGY ASSOCIATE OF ARTS

The Psychology major leads to an Associate of Arts Degree in Psychology. Psychology is defined as the scientific study of human behavior (including thoughts and emotions). The many and varied courses and areas of study in the Psychology Program provide a deeper understanding of the complexities of one's own behavior; the behavior of family, friends, and co-workers; and the interactions among diverse people and groups. As with all programs, students who intend to transfer to a four-year institution should research the transfer institution's requirements and plan to complete the CSU GE Breadth pattern or IGETC GE pattern.

Required Courses – Major:		Units
PSY 205	Introductory Psychology	3
PSY 206	Human Sexuality	3
or PSY 220	Psychology of Gender	3
PSY 250	Research Methods in Psychology	3
Plus 9 additional units selected from the following courses not used above:		Units
PSY 206	Human Sexuality	3
PSY 208	Psychology of Loss and Death	3
PSY 210	Psychology of Life Span Development	3
PSY 212	Personality Theories	3
PSY 215	Psychology of Personal Growth	3
PSY 216	Social Psychology	3
PSY 218	Abnormal Psychology	3
PSY 220	Psychology of Gender	3
PSY 255	Introduction to Psychobiology	3
PSY 290	Introduction to the Counseling Profession	3
Total Major Units		18
Total Degree Units		60

Program Level Student Learning Outcomes:

1. Define and use the major concepts, theoretical perspectives (i.e., psychoanalytic, behavioral, cognitive, and humanistic), empirical findings, and historical trends in psychology.
2. Apply psychological principles and an understanding of various theories to enhance mental and physical health, personal growth, effectiveness of interpersonal communication, and social interactions.
3. Articulate the biological processes underlying behavior including the interconnectedness of physical health and mental wellbeing.

Career Opportunities in PSYCHOLOGY

Completing an Associates of Arts (AA) in Psychology can lead to a variety of employment in various fields including human services, criminal justice, human resources, social work, and mental health. Career opportunities include Career Counselor, Case Manager, Childcare Worker, Educational Aide, Laboratory Assistant, Market Researcher, Psychiatric Technician, Probation and Parole Officer, Rehabilitation Specialist, Human Resource Specialist, and Social Service Specialists.